



Workshop Training Series, Fall 2018

Helping Youth Experiencing Substance Use and Mental Health Difficulties

PROGRAM INFORMATION

The **Concurrent Disorders Program** aims to increase the capacity of organizations and service providers in Peel to respond to youth with concurrent mental health and substance use concerns. Research has consistently shown that a coordinated and integrated approach to both is important for successful outcomes.



Workshops in the area of concurrent disorders are offered at various times throughout the year. These sessions address some of the information and skill-sets necessary for effective recognition of, and engagement with, this population of youth. Although each workshop is designed as a stand-alone session, participants are encouraged to consider attending additional trainings being offered. These workshops are appropriate for anyone who works with young people in a helping role, including: mental health clinicians, community and school counsellors, crisis workers, public health nurses, probation officers, and child and youth workers. Workshops can also be tailored to meet the unique needs of your organization.

In addition to our workshop series, Peel Children's Centre offers the **First Contact Group** for youth ages 14 to 18 years. This four-week group, which meets every Wednesday evening from 6:00 pm – 7:30 pm starting November 7, 2018, helps youth increase their awareness of substance use, understand how it impacts them, and develop strategies to begin replacing it with other healthier options. At each youth's request, a fifth session will be offered at the end of the group for parents and supportive others to learn ways to help the youth with their goals. The First Contact Group is provided in partnership with Nexus Youth Services and is free to all participants. For more information or to make a potential referral to this group, contact Garth Buckley, Clinical Coordinator, Concurrent Disorders Program at (905) 795-3500 ext. 2200 or gbuckley@peelcc.org.



WORKSHOP

The Legalization of Marijuana and Its Implications

Date: Tuesday, October 16th, 2018

Time: 9 am – 12 pm (breakfast will be served)

Location: Coptic Centre, Trinity Hall, 1245 Eglinton Avenue West (West of Mavis), Mississauga

Registration Fee: \$30

Presenter: Maciej Lipinski, J.D., PhD, Associate from Borden Lander Gervais LLP

This knowledge-based workshop is intended for both frontline workers and administrative staff as anyone providing community services can benefit from the information. The workshop will allow for a discussion of the impacts of the legalization of cannabis on organizations and clients in Ontario.

Discussions will include the following topics, among others:

- **What has changed** – *including* new federal laws governing the criminalization of cannabis, and Ontario's new provincial laws governing its purchase and usage.
- **What has not changed** – *including* restrictions on the use and sale of cannabis in the workplace; restrictions on the sale of cannabis to minors and use of cannabis by minors; the duty to accommodate medical marijuana users; and limitations on drug testing in the workplace.
- **What organizations need to consider** - *including* revising policies addressing impairment at work; procedures for management to assess employee impairment; and progressive discipline for offences relating to cannabis impairment.
- **Issues that have yet to be "hashed out"**—*including* the blood drug concentration level that would indicate impairment by cannabis; restrictions on vaping and other electronic consumption methods; and coverage for cannabis to be provided by insurers as part of employee benefits.

Please make cheque payable to: "Peel Children's Centre"
85A Aventura Court, Mississauga, ON L5T 2Y6

Payment in advance is appreciated. Receipts will be available at registration on the day of the workshop.



INFORMATION

For more information about this training series or the Concurrent Disorders Program, please contact:

Garth Buckley, R.S.W.
Clinical Coordinator, Concurrent Disorders Program, Peel Children's Centre
Ph.: (905) 795-3500 x 2200 Email: gbuckley@peelcc.org

PEEL YOUTH CONCURRENT DISORDERS COMMITTEE

With the collaboration and commitment of a variety of youth-serving agencies, we are creating a climate that makes enhanced capacity possible. Thank you to our community colleagues who participate in the Peel Youth Concurrent Disorders Committee:

**Associated Youth Services of Peel
Canadian Mental Health Association
(Peel)
Nexus Youth Services
Centre for Addiction and Mental Health
Dufferin-Peel Catholic District School
Board**

**Peel Children's Aid Society
Peel District School Board
Region of Peel
T.A. Patterson & Associates
Trillium Health Centre
YMCA (YSAP; Employment Programs)
Youth Justice**