



Girls' Summer Camps 2018



Peel Children's Centre's summer camps for girls aim to foster self-esteem and help girls maintain authentic connections with peers that allow for genuine self-expression through verbal sharing and creative activities. Girls will be encouraged to develop genuine relationships and friendships by promoting understanding, non-judgment, honesty and respect in order to support each other through life experiences.

Girls will be encouraged to express themselves through creative and/or focused activities, such as role-playing, drama, journaling, poetry, dance, drawing and collage-making. Gender-specific themes and topics will be introduced as they relate to the girls' lives. Topics will include: being a girl; trusting ourselves; friendships; body image; goals; sexuality; drugs, alcohol and tobacco; competition; and decision-making.

To register or for more information, please call Mental Health Services for Children and Youth at **905-451-4655**.

Go GRRLS Club (11 – 13 year olds)

This program prepares pre-adolescent girls for the transition to adulthood by addressing critical points for their healthy development. Girls will explore gender-role identity; body image and positive self-image; peer relationships; decision-making; and sexuality. Activities, games, role-playing, discussion, and arts and crafts will be used to actively involve girls in this program.

Location: Peel Children's Centre, 85A Aventura Court, Mississauga, ON

Dates: Tuesday, Wednesday, Thursday, Friday
July 3rd – July 6th, 2018
or
Monday, Tuesday, Wednesday, Thursday
July 23rd – 26th, 2018

Time: 1:00pm – 4:00pm

Girls Circle – Relationships with Peers (15 – 17 year olds)

This program is designed to enhance girls' awareness of their relationships with themselves and others. Girls will discover different ways of expressing themselves, learn how to accept themselves for who they are; and learn how to build healthy relationships and deal with conflict. Journaling, role-playing, sculpting and more will be used to engage girls in this program.

Location: Peel Children's Centre, 85A Aventura Court, Mississauga, ON

Dates: Monday, July 9th – Friday, July 13th, 2018

Time: 1:00pm – 4:00pm



Boys' Council Summer Camp 2018



The Boys' Council provides a framework for building resilient boys through:

- Providing a place where boys can come together and engage in “guy talk” or discuss things specific to growing up and being a male in society;
- Offering a safe place for boys to be creative, express their ideas and share their “true” selves without fear of being judged;
- Creating an atmosphere where boys can build trust and supportive relationships with other males in order to overcome challenges and celebrate successes; and
- Fostering skills and knowledge to assist boys in dealing with issues such as relationships, conflict, education, diversity and future planning

To register or for more information, please call
Mental Health Services for Children and Youth at **905-451-4655**.

The Council: Standing Together – A Journey into Respect (9 – 11 year olds)

This program aims to promote boys' natural strengths and increase their awareness about being male in today's world. The Council will challenge myths about how to be a “real boy” or “real man” and will engage boys in activities, conversations and activities that question stereotypical concepts. The Council will also increase boys' emotional, social and cultural literacy by promoting valuable relationships with peers and adult facilitators.

Location: Peel Children's Centre, 85 Aventura Court, Mississauga, ON

Dates: Monday, July 16th – Friday, July 20th, 2018

Time: 1:00pm – 4:00pm