



Community Planning Mechanism for Child & Youth Mental Health Services in Peel

June 26, 2017

Agenda

- Welcome, introductions and agenda review
- Restating the context for the work of the Community Planning Mechanism
- Core Services Delivery Plan and Community Mental Health Plan - updates
- Report-back on the work of the Community Asset Inventory Working Group
- Questions/answers on updates
- BREAK
- Small group discussions
- Plenary discussion
- Summary and next steps

Goals of Policy Framework (2006)



1. A child and youth mental health sector that is coordinated, collaborative and integrated at all community and government levels, creating a culture of shared responsibility;
2. Children, youth and their families have access to a flexible continuum of timely and appropriate services and supports within their own cultural, environmental and community context;
3. Optimal mental health and well-being of children and youth is promoted through an enhanced understanding of, and ability to respond to, child and youth mental health needs through the provision of effective services and supports; and
4. A child and youth mental health sector that is accountable and well-managed.

Moving on Mental Health

“Together, we will transform the experience of children and youth with mental health problems, so that they know what high quality mental health services are available in our community; and how to access mental health services and support that meet their needs.”

Moving on Mental Health

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graph TD; A[Moving on Mental Health] --> B[Core Services and Key Processes]; A --> C[Pathways to Care]; A --> D[Funding]; A --> E[Accountability]; A --> F[Lead Agencies];
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Core Services and Key Processes

Pathways to Care

Funding

Accountability

Lead Agencies

The Responsibilities of Lead Agencies

System Management responsibilities

Core Service responsibilities

Are community-based core services available in my service area?

Local System responsibilities

Are services across the continuum working together to meet the needs of children, youth and their families?

Core Services & Key Processes

Coordinated Access/Intake

Targeted Prevention

Brief Services

Counselling and Therapy Services

Family Capacity Building and Support

Specialized Consultation/Assessment

Crisis Support Services

Intensive Treatment Services – *In-Home*

Intensive Treatment Services – *Day Treatment*

Intensive Treatment Services – *Out-of-Home*

Case Management/Service Coordination

Transformation Agenda in Peel

PCC as Lead Agency is responsible for implementing:

1) Core Services Delivery Plan

- With other CYMH service providers, will align resources to ensure provision of core services, and plan improvements to ensure an efficient and effective system

2) Community Mental Health Plan

- Through collaboration with broader system partners develop a Community Mental Health Plan

3) Youth and Family Engagement

- Bring their voices and views into planning

Core Services Delivery Plan

Priorities:

- **Peel Coordinated Intake Network (PCIN)**
 - Complete branding of access/intake
 - Implement Central Intake module of EMHware
 - Develop youth access mechanism
- **EMHware (common clinical information system)**
 - Complete implementation of EMHware at community-based Core Service Providers
 - Build bridge to clinical data from hospitals' CYMH clinics
 - Integrate EMHware with Ontario versions of interRAI tools (Screener and ChYMH)

Core Services Delivery Plan

- **Family Engagement and Youth Engagement**
 - Develop “made in Peel” system-wide mechanisms
 - Focus on building capacity across CSPs for now but expand to the broader community in the future
- **Brief Services review/redesign**
 - Align with MCYS’ Program Guidelines and Requirements
 - Optimize service effectiveness/efficiency
- **Intensive Treatment Services review/redesign**
 - Define project scope and recruit working group
 - Review to occur in 2018/19

Community Mental Health Plan

Priorities:

- Operationalize the Community Planning Mechanism for CYMH services in Peel
 - “Accordion” model:
 - Go small for time-limited tasks, e.g. Working Group that is completing the Community Asset Inventory
 - Go big for broader community discussions/considerations
- Create a Community Asset Map to represent the findings of the Community Asset Inventory
 - Recommendation in *Together in Peel*, reflecting advice from the 2016 consultations and community meeting

Community Mental Health Plan

- Identify and document pathways between/across the MCYS-funded Core Services sector and the Healthcare and Education sectors
- Begin to identify opportunities to clarify/simplify pathways
 - Initial step towards integrated service coordination, per *Ontario's Comprehensive Mental Health and Addictions Strategy*

Building the Community Planning Mechanism in Peel

- Community consultations were held in 2016 to seek advice on how to construct a CYMH community planning mechanism for Peel that would:
 - have the confidence of the community
 - be sustainable over time
 - be linked with other work underway
- A mid-term community meeting was held in June 2016 to provide feedback and seek additional advice
- *Together in Peel* report was released in January 2017

Key considerations

- Understand current CYMH service landscape
 - Develop a “Community Map” of services and supports
- Be inclusive and use customized approaches
 - Leverage the unique diversity of Peel
- Include voices of children, youth and families
 - Bring youth and caregiver voices into this conversation
- Build on lessons learned
 - Peel’s legacy of collaborative, multi-sector planning

Peel's Community Planning Mechanism: Shared Vision

Working together as a community, Peel will transform the experience of children and youth with mental health challenges so they and their families can access a continuum of high quality, responsive, equitable and inclusive mental health services and supports.

Together in Peel, January 2017

Peel's Community Planning Mechanism: Values

- Act from a place of transparency, integrity and inclusivity
- Include the voices of children, youth and families/caregivers
- Respect and reflect the diversity of Peel
- Situate CYMH within an holistic framework of wellness

Peel's Community Planning Mechanism: Guiding Principles

- Ensure inclusiveness, collaboration and integration
 - Participants; work; processes
- Strengthen partnerships and ensure linkages between the work of Core Service Providers, Community Planning Mechanism, and evolving YE and FE mechanisms
- Utilize data to “tell the Peel story” and inform system planning
- Support innovation in outreach, practice and service delivery
- Communicate widely and transparently
- Evaluate results and be accountable to one another and to the community we serve

Peel's Community Planning Mechanism: Operational Attributes

- Embraces an “Accordion-like” approach
 - Purposeful broad community meetings to honour our “shared responsibility”
 - Time-limited working groups to drive progress
- Open and transparent
- Inclusive
- Accountable to each other

Meeting MOMH/MCYS Expectations

Moving on Mental Health calls for communities to transform services together through ...

1. Inventory

- roles, responsibilities and services provided by other community providers

2. Pathways

- pathways to, through, and out of care

3. Priorities

- to address service gaps and needs

4. Increased understanding

- how “system” works

Together in Peel Recommendation

“Launch the Peel Child and Youth Mental Health Community Planning Mechanism by first establishing a diverse and representative working group to develop a ‘Community Map’ of informal and formal Child and Youth Mental Health services and supports”

- Working group launched in March 2017

Working Group Members

Peel District School Board: Maureen Mackay, Jim Van Buskirk

Dufferin-Peel Catholic District School Board: Dr. Susan Sweet

Region of Peel: Elizabeth Estey, Jessica Kwik

CMHA Peel: Karen O'Connor

Central West LHIN/CCAC: Trish Grabb

Developmental Services: John Roloson, Service Resolution Peel

Peel CAS: Mary Beth Moellencamp

Punjabi Community Health Services: Baldev Mutta, Teena Buchar,
Kiran Litt

Faith community: Rev. Daniel Dihele

Trillium Health Partners: Cheryl Murphy

Youth Justice Services Division, MCYS: Tanya Speedie

Peel Newcomer Strategy Group: Seema Taneja

Lead Agency (PCC): Dr. Kathy Sdao-Jarvie, Ceri Harnden

Working Group's Mandate

- Develop a “Community Asset Inventory” of CYMH services and supports, leading to the development of a Community Asset Map
 - Within the context of MCYS’ Core Services Continuum Framework, collect information across sectors and community partners to better understand:
 - Where are the services and supports?
 - What pathways and protocols exist to access services within/across sectors?
 - Where are the opportunities?

Working Group gets started

So ...

How do we build a Community Asset Inventory that will capture the services and supports that currently exist in Peel, assist us in future planning, and increase our collective understanding of what we need to do together to improve access to mental health services and supports?

Core CYMH Services

Targeted Prevention

Family Capacity Building and Support

Brief Services

Crisis Support Services

Counselling and Therapy Services

Specialized Consultation/Assessment

Intensive Treatment Services – *In-Home*

Intensive Treatment Services – *Day Treatment*

Intensive Treatment Services – *Out-of-Home*

Continuum of Needs-based Services

Target Population



Level 4

Children and youth who are experiencing the most severe, complex, rare or persistent diagnosable mental illnesses that significantly impair their functioning

Level 3

Children and youth who are experiencing significant mental health problems that affect their functioning

Level 2

Children and youth identified as being at risk for, or are experiencing mental health problems that affect their functioning

Level 1

All children, youth and families

Working Group has an “ah ha” moment

- Can we demystify the “Continuum of Needs-based Services” represented in the “triangle diagram” (Continuum of Needs-based Services) into plain language and populate a geographic map of Peel with both the formal services and the informal supports to get a picture of what exists at all levels?
- Yes we can, but we need to consider an integrated approach to organizing the Inventory and mapping the information received.

Benefits of an integrated planning approach

- Builds on MCYS inventory template and collates a Peel inventory of services and supports
- Integrates Continuum of Needs-based Services triangle and MCYS' Core Services into a single CYMH Framework
- Allows us to plot service information onto LHIN Geographic Areas-Neighbourhoods model to create an evolving Peel CYMH Community Asset Map
- Creates a visual of where services are located and types (levels 1, 2, 3, 4; Core Services per MCYS continuum)
- Can be used for multiple purposes by multiple stakeholders, and added to over time

Integrated Continuum of Needs-based Services

Core Services

Target Population

Intensive Treatment

**Specialized Consultation/
Assessment**

Counselling & Therapy

Crisis Support

Brief Services

**Family Capacity
Building & Support**

Targeted Prevention

Level 4

Children and youth who are experiencing the most severe, complex, rare or persistent diagnosable mental illnesses that significantly impair their functioning

Level 3

Children and youth who are experiencing significant mental health problems that affect their functioning

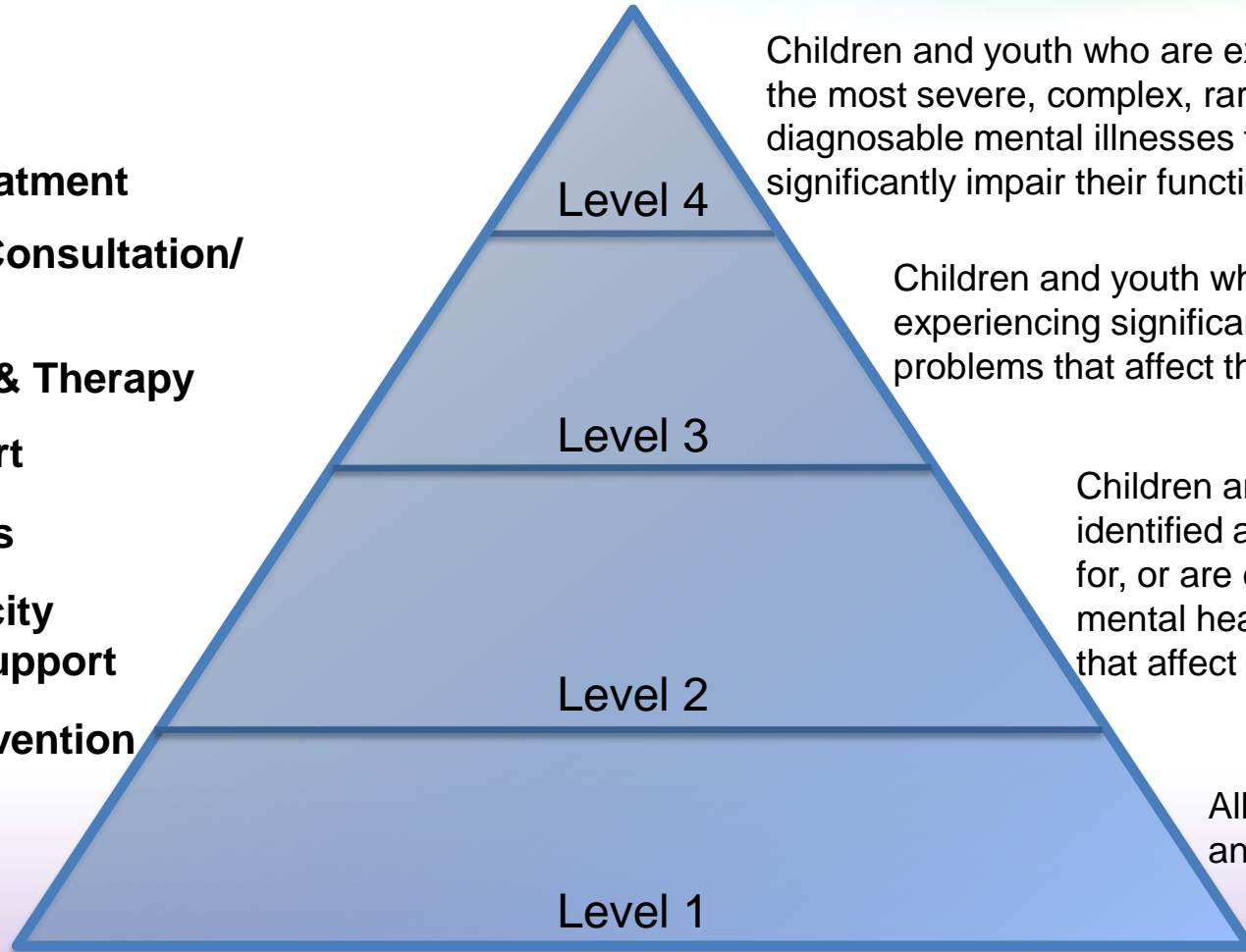
Level 2

Children and youth identified as being at risk for, or are experiencing mental health problems that affect their functioning

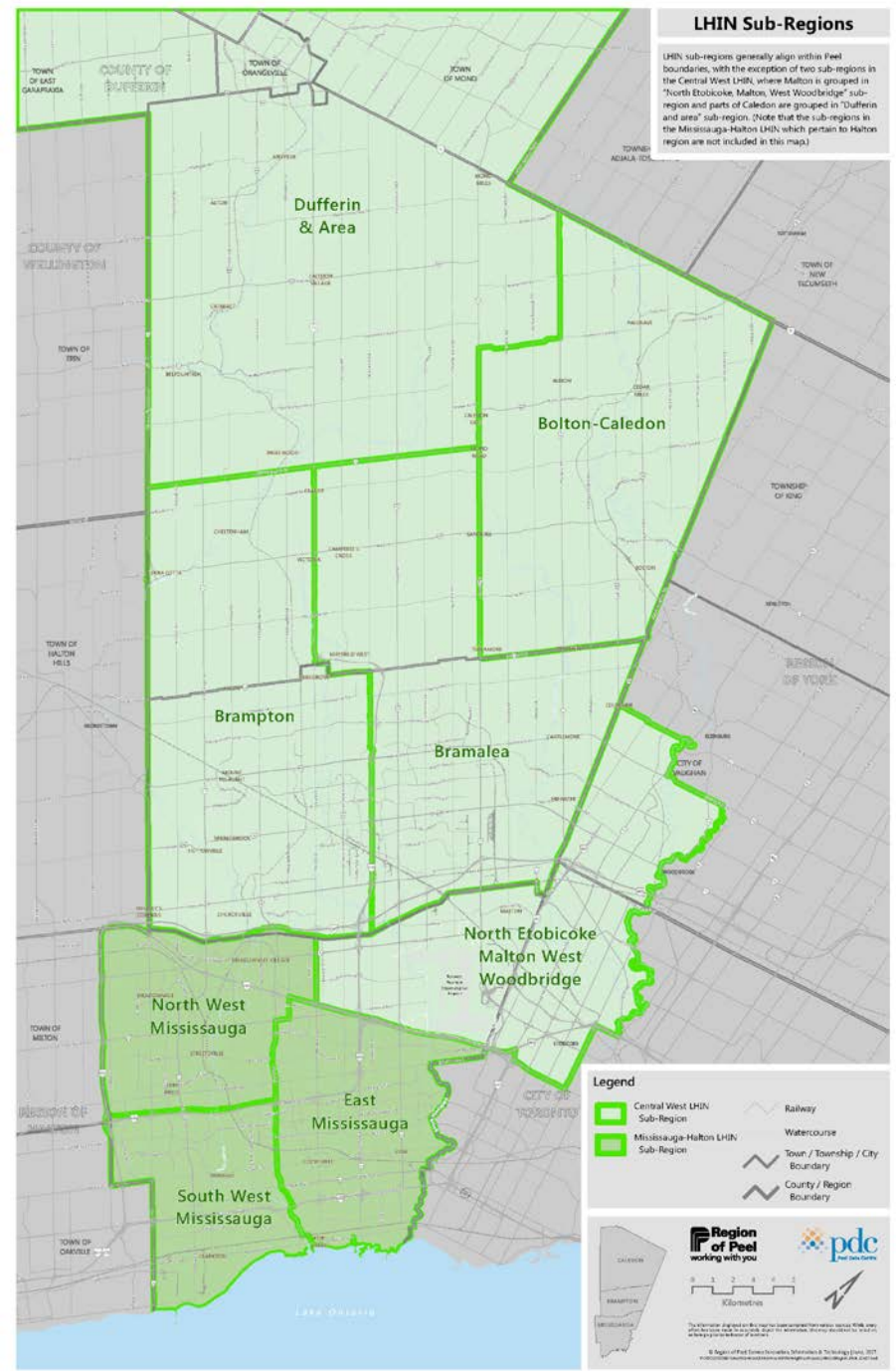
Level 1

All children, youth and families

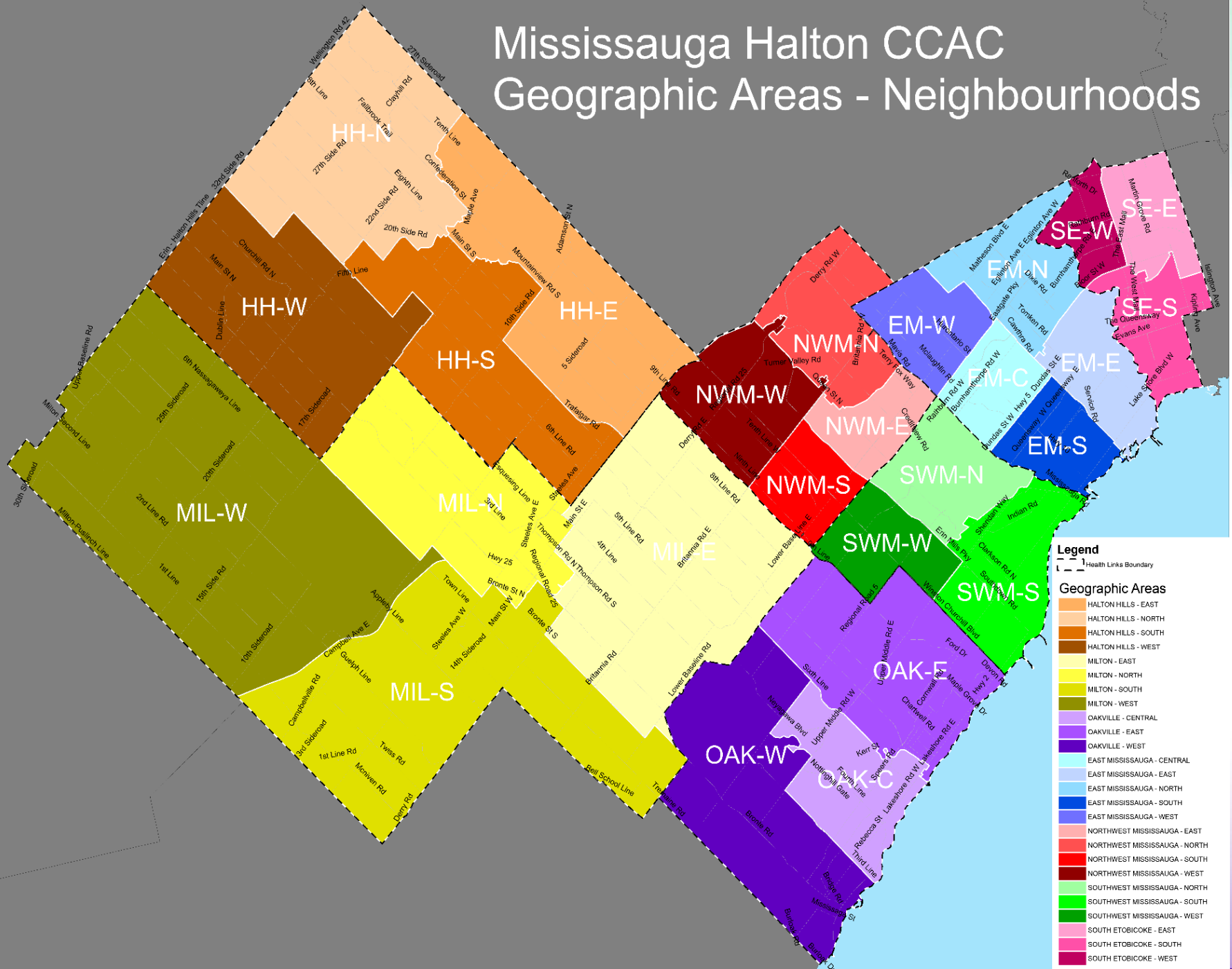
Intensity of Service



LHIN Sub-Regions



Mississauga Halton CCAC Geographic Areas - Neighbourhoods

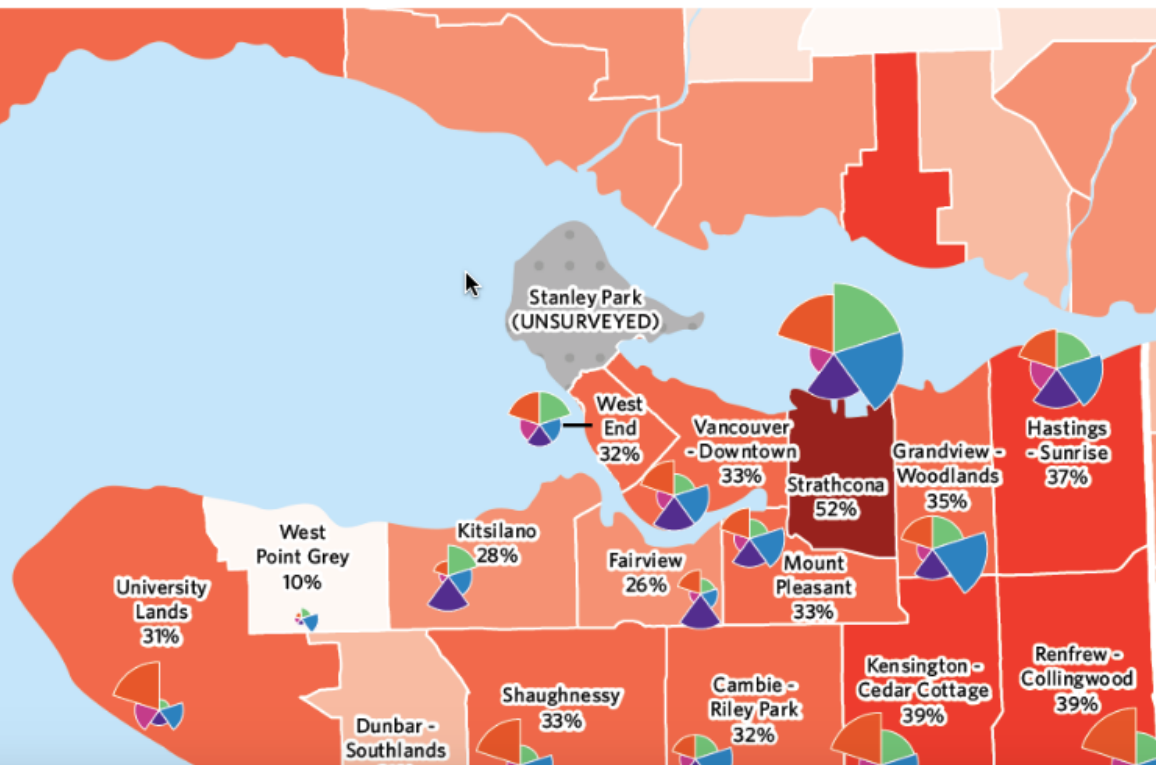


Example of mapping services/data - Early Development Index (EDI), Vancouver

VANCOUVER (SD 39) WAVE 6



EDI

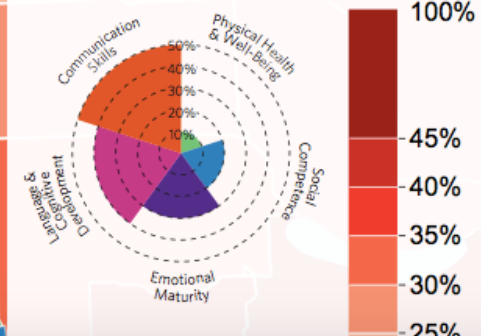


VULNERABLE ON ONE
OR MORE SCALES

Percent of children Vulnerable on One or
More Scales of the EDI.

STARPLOT

% VULNERABLE



Status of Community Asset Inventory

Completed:

- 3 of 4 District School Boards (Peel DSB, Dufferin-Peel Catholic DSB, Conseil scolaire Viamonde)
- Peel CAS
- Service Resolution Peel
- CMHA
- Region of Peel
- Punjabi Community Health Services
- Central West LHIN

In process:

- Youth Justice
- Developmental Services
- Newcomer Services

Next steps:

- Faith and diverse communities

The Road Ahead

1. “Complete” Community Asset Inventory and undertake data verification
2. Engage with faith and diverse communities to compile an inventory of their services/supports
3. Continue to identify existing formal protocols and pathways
4. Develop Community Asset Map with other partners (e.g. Region of Peel; LHINs)
5. Explore new planning approaches and opportunities in support of an increasingly robust CYMH service system

Questions of clarification/ Answers

Questions for Small Group Discussions

1. Does the integrated model for the development of a Community Asset Map make sense? What questions do you have?
2. What opportunities does a Community Map like this create for planning and service delivery?
3. What challenges and opportunities do you foresee in moving this work forward?
4. What else would be important for us to consider at this time in the evolution of Peel's Community Planning Mechanism?

Reports back from each table

Reflection

As a community of committed providers of services and supports, are we willing to “dare greatly” ... and build the pathways that will bring together our collective community assets, supports and services to the greater benefit of the children, youth and families we serve?”

Closing comments

- Summary
- Next steps