



Peel Children's Centre (PCC) is a beehive of activity as we begin to expand our services with new funding from the Ontario government. We are excited to report on our progress and share our plans for this service growth, which will enable PCC to better meet the mental health needs of children, youth and families in our rapidly growing region. We are also pleased to recognize the donors who generously support our services, profile clinical advancements, and report on recent events at PCC.

## Here We Grow Again!

PCC has received new funding from the Ministry of Children and Youth Services as part of the Ontario government's commitment of \$257 million province-wide over three years to expand mental health and addiction services for children and youth. Our service growth will include:

- walk-in counselling and expanded brief therapy options to provide fast access to service for children and youth who are experiencing mental health difficulties
- mental health workers in Peel schools to enable early identification and support of students with mental health difficulties
- expansion of our **Intensive Child & Family Service** and **Sexual Abuse Treatment Program** to provide faster access to treatment.



**Looking for HELP?**

Mental Health Services for Children and Youth

**905-451-4655**






The new services are a collaboration of community-based providers of mental health services for children, youth and families in Peel. PCC's partners in the walk-in and brief therapy services are:

- Nexus Youth Services,
- Associated Youth Services of Peel, and
- Rapport Youth and Family Services.

PCC has provided Single Session Therapy as part of our Counselling program for several years. As such, the Ministry of Children and Youth Services asked us to share our experience



and expertise with staff from the partner agencies that will also be providing walk-in service. Intensive training occurred from November 23 to 25 at our main office, and ongoing training will continue until mid-January 2012.

Several brief therapy services are already available at PCC. To access these programs, call Mental Health Services for Children and Youth (Centralized Intake) at 905-451-4655.

The walk-in services are expected to open in March 2012. In our next newsletter, we will provide details on service locations and times.

PCC is in discussions with the Ministry of Children and Youth Services and the Dufferin-Peel Catholic District School Board, Peel District School Board, and Associated Youth Services of Peel regarding an expanded role for community mental health workers in the school system. Implementation of these new services will likely occur in 2012.

When the new programs are full operational, Peel's mental health services for children and youth will be able to serve an additional 2,400 children/youth annually.

## Spotlight on Our Generous Supporters

All services at Peel Children's Centre are free of charge for the children, youth and families who use them.

So who funds our services? The Government of Ontario provides 77% of our revenue and the Regional Municipality of Peel provides 4.4%. For the rest, we rely on our fundraising and business development efforts.

PCC's Vision Statement - *A Caring Community Working Together for Children and Youth* - says it all. We could not offer our continuum of high-quality services without generous support from hundreds of individuals, corporations, foundations and community groups every year.



John Rogers and Ron Lenyk presented the proceeds of the Hazel McCallion Charity Golf Tournament at our donor recognition event on November 1<sup>st</sup>.



We are pleased to profile the major donations, sponsorships and grants that PCC has received over the past several months.

- **DTZ Barnicke** announced a leadership gift of \$40,000 at PCC's Annual General Meeting.
- **RBC Foundation** also provided a leadership gift of \$40,000 towards PCC's Group Services, raising RBC's cumulative support to nearly \$200,000 over the past nine years.
- **PCC's 7th Annual Cosmic Bowl** on June 2 raised more than \$33,000. Our grateful thanks to:
  - Gold Sponsor - DTZ Barnicke
  - Silver Sponsors - Pearson Dunn LLP and Peel Regional Police
  - Lane Sponsors - City of Brampton/Mayor Susan Fennell, Enersource Cooperation, K Promotions, Linda & Ken Foxcroft, Pallett Valo LLP, Richard & Val Stove, Rexall, and Sutton Group
  - All the bowlers, pledgers, in-kind donors and volunteers who contributed to the event's success!
- **CIBC** donated \$25,000 to Intensive Child and Family Services (ICF), repeating last year's generous donation to this program.
- **The Pendle Fund at the Community Foundation of Mississauga** donated \$20,000 for our Day Treatment Summer Camp, also repeating their previous support.
- **The Hazel McCallion Charity Golf Tournament** donated \$10,000 to PCC.
- **Hydro One Brampton** donated \$7,500 of its golf tournament proceeds to PCC services for Brampton youth.
- **Staples Business Depot's Argentia Rd store** and its customers donated more than \$5,000 for the back-to-school needs of our clients.
- **GlaxoSmithKline Foundation** donated \$5,000, renewing last year's generous support to ICF.



Margaret Whitwell and Mina Shimkoff presented a leadership gift of \$25,000 from CIBC to support our Intensive Child and Family Services.

Thank you to all our generous donors for giving hope to the 3,700 children, youth and their families who count on our services every year.



## Education + Engagement = Excellence

Staff and volunteers at Peel Children's Centre have had several occasions in recent months to celebrate our successes and highlight our commitment to clinical effectiveness, professional development and employee engagement. Read on for news about:

- the opening of **Morgan House**, our new treatment residence for children 7 to 11 years of age
- PCC's **internship program**
- our annual **Celebration Day** where we recognized long-term staff service, presented the 2011 Ron Lenyk Volunteer of the Year Award, and raised funds for the United Way of Peel Region
- Information session on **evidence-based practice in school settings**.

### Morgan House grand opening

We officially opened PCC's new treatment residence in Brampton on June 24, 2011 and named it Morgan House after Brampton resident Joe Morgan, PCC's founding Board President.

Roman Boychuk, current Board President, hosted a naming ceremony with Mr. Morgan and his family and friends, including former Ontario Premier Bill Davis, for whom Mr. Morgan served as a political advisor. Representatives attended from our primary funder, the Ministry of Children and Youth Services; the project funders, CIBC and TD Bank; MPPs Linda Jeffrey, Vic Dhillon and Sylvia Jones; Brampton Mayor Susan Fennell; and Regional Councillor Paul Palleschi.

Children moved from our former Tullamore residence into Morgan House over the summer.



Joe Morgan, Hon. Bill Davis, and elected provincial and municipal representatives joined us to celebrate the official opening of Morgan House.



## Internship Program

PCC provides internships for students in Social Work and Child and Youth Work. Humber College's School of Social and Community Services has recognized PCC as a Field Placement Agency of Distinction. We have 16 interns at PCC this year while our sister agency, Nexus Youth Services, has four interns. The social work interns hail from Ryerson, Toronto, Wilfrid Laurier and York universities, while the CYW interns come from George Brown, Humber, Niagara and Sheridan colleges. University students also support PCC's clinical research projects, often in partnership with their university. Our staff welcomed the interns with a party on September 21<sup>st</sup>, followed by an orientation tour of our program sites on October 19<sup>th</sup>.

## Celebration Day

At our annual Celebration Day on October 12<sup>th</sup>, PCC and Nexus recognized one of the largest groups of long-serving staff in our agencies' histories. We presented one 25-year, two 20-year, five 15-year, 12 10-year, 14 five-year, and 11 one-year service awards. We are honoured that many of our staff dedicate long periods in their careers to our agencies. As a result, we have a world-class workforce that is deeply engaged in providing high-quality mental health services.

We were delighted that Ron Lenyk, CEO of the Living Arts Centre, was able to join us to present our **Ron Lenyk Volunteer of the Year Award**. This year's award went to Matthew Ribeiro in recognition of his commitment to our Mentor Program.

PCC and Nexus staff also held a successful fundraising drive for the United Way of Peel Region, with proceeds from payroll pledges and a bake sale, candygram sale, silent auction, gift-basket challenge, 50/50 draw and "Dollars for Denim" exceeding \$10,000.

## Diwali celebration at PCC

Staff members Nisha Jean, Shailja Armogan, Deepa Kaushik, Amrit Khaper and Bhupinder Heer shared their costumes, food, dances and other customs with PCC staff on October 26<sup>th</sup>.





## Information session on evidence-based practice in school settings

On November 9<sup>th</sup>, 200 professionals from the education, health and social service sectors attended PCC's information session on "Coping Power," an evidence-based group program delivered in school settings for children 8 - 12 years of age who have emotional/behavioural difficulties.

The program's developer, **John Lochman, PhD** from the University of Alabama, presented on the program. Staff from PCC and the Centre for Addiction and Mental Health (CAMH) also presented the results/findings of our implementation and evaluation of Coping Power within the Connect and Day Treatment programs at PCC. This work was made possible with support and funding from the Ontario Centre of Excellence for Child and Youth Mental Health.

## Join Our Caring Community

### Careers

Interested in joining our team of committed professionals who provide high-quality mental health services? Like to work in a dynamic and fast-paced environment that values flexibility, accessibility and responsiveness? Visit [peelcc.org/join](http://peelcc.org/join) to check out our current job postings.

### Donate

Government funding does not keep pace with the need for our services. Please make your donation today to help children and youth who are struggling with mental health difficulties. Call 905-795-3500 ext. 2298, or donate securely through [peelcc.org/donate](http://peelcc.org/donate). Thank you!

### Volunteer

Want to gain valuable and rewarding experience? Our volunteer options include mentor, tutor, childcare, respite, driver, and fundraising. Volunteer Coordinators provide orientation, training and support. Call 905-795-3500, or visit [peelcc.org/volunteer](http://peelcc.org/volunteer).