



## Evidence-Based Children's Mental Health Practice in School Settings

*Effectiveness of "COPING POWER" implemented by Peel Children's Centre within School and After-School Programs*

Date: November 4, 2011

Time: 9 am to 12 noon

Location: Brampton Golf Club, 7700 Kennedy Rd, Brampton

Coffee, tea, and snacks will be provided

This half-day event will showcase:

1. "COPING POWER," an evidence-based group program delivered in school settings for children 8-12 years of age with emotional/behavioural difficulties, and the program's developer, Dr. John Lochman
2. The results/findings of the implementation and evaluation of COPING POWER within the Connect and Day Treatment programs at Peel Children's Centre, with support and funding from the Ontario Centre of Excellence for Child and Youth Mental Health

Presenters: Dr. John Lochman  
Dr. Brendan Andrade  
Susan Elbe

### BIOGRAPHIES

**John E. Lochman, PhD, ABPP** is Professor and Doddridge Saxon Chairholder in Clinical Psychology at The University of Alabama, where he also directs the Center for Prevention of Youth Problem Behavior (CPYBP). A major focus of the CPYBP is to investigate how evidence-based programs can be effectively disseminated into real-world settings. Dr. Lochman has over 290 publications on family, peer and neighborhood risk factors, social cognitive processes, and intervention and prevention research with aggressive children. The school-based and community-based prevention programs he has examined (e.g. Coping Power Program) use cognitive-behavioural, social problem-solving and social skill-training approaches with children, and behavioral parent training with parents. He will receive the 2011 Distinguished Career Award from the Clinical Child and Adolescent Psychology Division of the American Psychological Association.

**Dr. Brendan Andrade** is a Registered Clinical Psychologist and Clinician-Scientist in the Child, Youth and Family Program at the Centre for Addiction and Mental Health and Assistant Professor, Psychiatry at the University of Toronto. Dr. Andrade implements and evaluates treatment approaches for children challenged with disruptive behaviour and conducts research to better understand factors that contribute to behavioural and peer-relationship challenges. Dr. Andrade is a New Investigator with the Ontario Mental Health Foundation and the recipient of a Career Development Award with the Canadian Child Health Clinician Scientist Program.

**Susan Elbe** is a Child and Youth Worker and Supervisor, Clinical Services at Peel Children's Centre, where she has worked for 18 years in a variety of clinical roles. Her present areas of responsibility include Respite Services of Peel, PORT (Parent Operated Residential Treatment) and the Connect Program. For the past two years, she has been the Principal Investigator for the evaluation and implementation of this project and the Implementation Lead for Coping Power within Peel Children's Centre.

**RSVP by Oct 26:** 905-795-3500 ext. 2635 or [rsvpcclin@peelcc.org](mailto:rsvpcclin@peelcc.org)