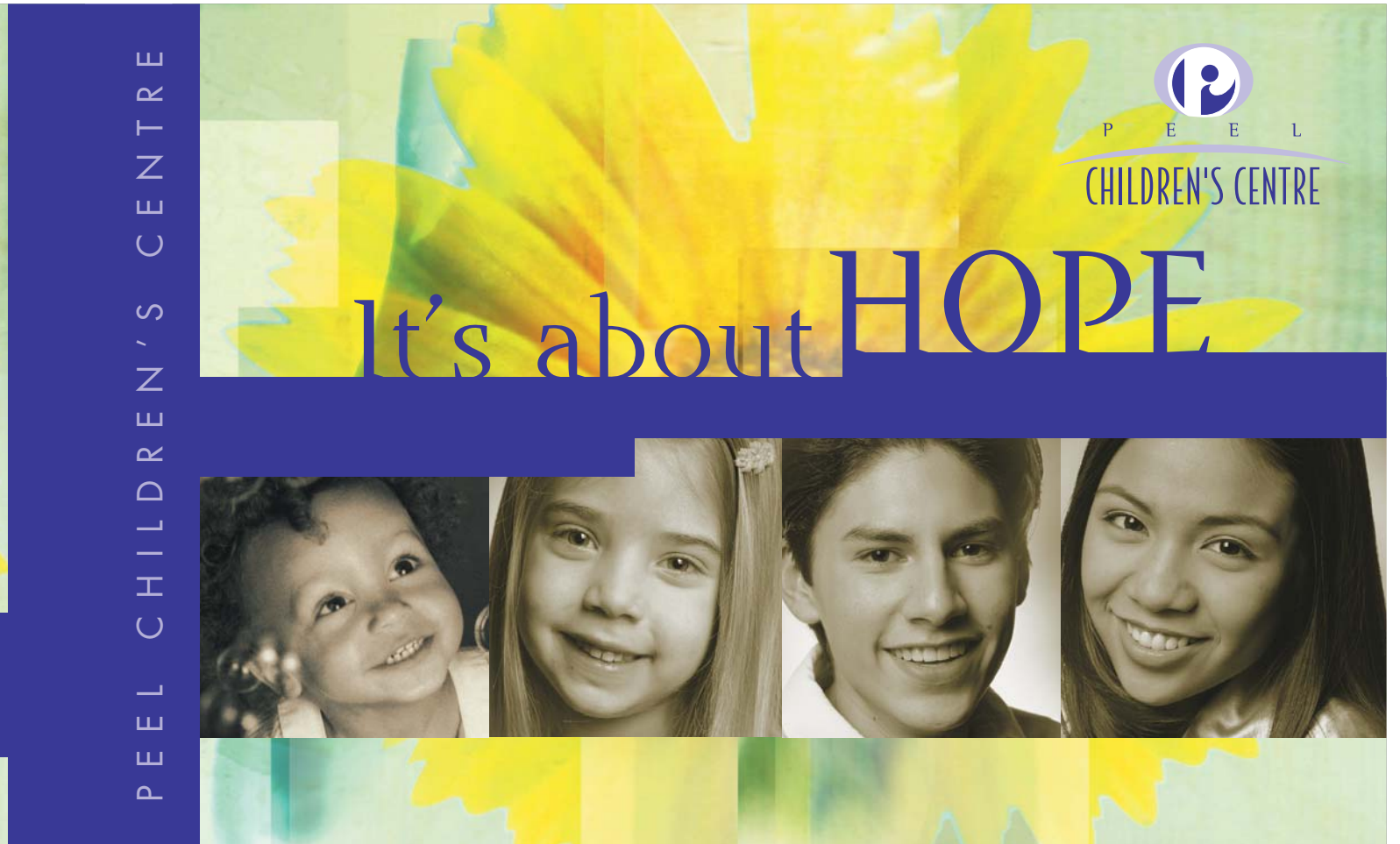







P E E L
CHILDREN'S CENTRE

85A Aventura Court, Mississauga, Ontario L5T 2Y6
Phone: 905-795-3500 Fax: 905-696-0350 Website: www.peelcc.org
Crisis Response Service: 416-410-8615
Centralized Intake Services: 905-451-4655
Charitable Business No.: 11908 7807 RR0001




P E E L
CHILDREN'S CENTRE

It's about **HOPE**



PEEL CHILDREN'S CENTRE

TABLE OF CONTENTS

Peel Children's Centre 1

Our Vision 1

Our Mission 1

Our Values 2

What We Believe In 2

Who Can Use Our Services 3

How To Find Out More About Our Services 3

Fundraising 3

Programs and Services 4

Centralized Intake Services 4

Alternatives to Day Treatment Program 5

Child Witness Program 6

Children's Mental Health Respite Services of Peel 7

Concurrent Disorders Program 8

Connect Program 9

Counselling Services 10

Court Clinic Program 10

Crisis Response Service 11

Day Treatment Program 11

ECHO Residential Treatment Program 12

Group Services 13

Intensive Child and Family Service (Preschool) 14

Intensive Child and Family Service
(for children from 7 to 17 years of age) 15

Intensive Supports and Resource
Coordination Program 16

Parent Operated Residential Treatment Program 17

Peel Wraparound Process 18

Peel Wraparound Process - Developmental Services 19

Preschool Services 20

Psychiatric Services 21

Psychological Services 21

Residential Treatment Program 22

Sexual Abuse Treatment Program 23

The Arson Prevention Program for Children (TAPP-C) 23

The Valley Infant-Parent Program 24

Volunteer Program 25



PEEL CHILDREN'S CENTRE

Since 1985, Peel Children's Centre has been helping people like you and your family deal with mental health problems.

Peel Children's Centre is an officially recognized children's mental health centre, based in our community in the Region of Peel. We offer many excellent, creative services to more than 3,600 children, teenagers, and their families every year.

Our services are free and private. And you get to choose if you want to use them. Finding out about our services and using them is easy. There is one number to call to get all the information you need. Call our Centralized Intake Services at 905-451-4655.

Our team of mental health workers offers many services that help prevent problems with mental health or deal with them early. We also offer counselling and programs in the community. Your child can have day treatment at school or treatment in one of our homes, which is called residential treatment. If you need someone else to look after your child for a little while or if you need help right away, we can do that too.

At Peel Children's Centre, we measure the results of our services to make sure that our treatments work. We want your child or teenager to make as much progress as possible. We also want you and your child or teenager to be satisfied with our services. Our staff and volunteers want to make a difference in your life and in the lives of children, teenagers and their families throughout our community.



We believe that it is all about hope. These statements about what our role is, what we do, and what we believe in are all about that hope.

Our Vision

A caring community working together for children.

Our Mission

To provide a range of high quality mental health services for children, youth and their families who are experiencing, or may experience, serious emotional difficulties.

Our Values

- Flexible
-
- Accessible
-
- Responsive
-
- Accountable
-
- Efficient
-
- Respectful
-
- Effective
-
- Continuity of Service

What We Believe In

At Peel Children's Centre,

- we believe in acting in your child's best interest and for your child's well-being,
- we believe in creating treatments that are specific to the needs of your child and family,
- we believe in keeping your child and family together whenever we can,
- we believe in building on the strengths of your child and family,
- we believe in cooperating with your family,
- we believe in respecting your family's culture and language,
- we believe in working as teams of professionals with different kinds of mental health training so that we can find the best ways to help your child,
- we believe in working with other groups that offer mental health services and anyone else involved with your family to make sure that you get the best possible care, and
- we believe in keeping your child or teenager safe.



Who Can Use Our Services

At Peel Children's Centre, we help children, teenagers, and youth, like yours,

- who are 0 to 17 years old for most of our services, or
- who are under 24 years of age for our Centralized Intake Services,
- who live in the Region of Peel, or,
- who live in Dufferin County, the Region of Halton, or south Etobicoke for some services,
- who have serious problems with relationships, feelings, or behaviour, and
- who have such serious problems that they may not be able to grow or learn or deal with others normally.

We also help children and teenagers, like yours,

- who could hurt themselves or others,
- who have serious problems with feelings that could make them withdraw from others,
- who could lose their place in the home or the family, or
- who could lose their place in school.

If your children and teenagers live in a family home where there is violence, alcohol or drug problems, or sexual abuse, they can also use our services.

Children and teenagers who use a wheelchair, or need help to hear, see, or speak, can use our services. We will also help if you or your children do not speak English and need service in another language.

How To Find Out More About Our Services

To find out more about the services we offer at Peel Children's Centre, please call our Centralized Intake Services at 905-451-4655. This number is free if you are calling in the Region of Peel.

Trained mental health workers will answer your call between 9:00 in the morning and 4:30 in the afternoon, Monday to Friday. If you leave a message after these working hours, we will call you back the next working day.

Fundraising

Peel Children's Centre is a charity. Money given to Peel Children's Centre by people and companies in our community helps us better meet the needs of children, teenagers, and families.

If you want to make a difference in children's lives, you can give to Peel Children's Centre. Please call 905-795-3500 and ask for the Development Coordinator.



Centralized Intake Services

If a child, teenager or young adult has a mental health problem, our **Centralized Intake Services** can find the right program that can help.

Can you use our services?

To be able to use these services

- the child, teenager or young adult must be under 24 years of age,
- the child, teenager or young adult must need help for mental health problems, and
- the child, teenager or young adult must live in the Region of Peel or, for some services, in Dufferin County or in south Etobicoke.

Parents, teenagers or young adults can call us directly. Other services that help you such as schools, doctors, and community services can also call us.

What do we do?

When you call us, we will ask you some questions to decide which service or program can best meet your needs. For example, we may ask about your child's age and mental health problems.

Then we will make an appointment with 1 of these 4 services that will help you or your child:

1. Associated Youth Services of Peel,
2. Nexus Youth Services,
3. Peel Children's Centre, or
4. Trillium Health Centre—Child and Adolescent Mental Health Services.

How can you find out more about our services?

To find out more about mental health services for children, teenagers and young adults, please call our Centralized Intake Services at 905-451-4655. This number is free if you are calling in the Region of Peel.



Alternatives to Day Treatment Program

Is your child feeling sad or angry and behaving badly around others? Are these problems likely to cause your child to lose his or her place at school?

If you are not sure about how to deal with your child's problems at school, our **Alternatives to Day Treatment Program** may be able to help you. Our program can teach your child the skills needed to stay in his or her current school.

Can your child take part in our program?

Your child can take part in our program

- if he or she is between 5 and 14 years old,
- if he or she is having many mental health problems, and
- if he or she goes to school in some areas of Brampton or Mississauga, in either the Peel District School Board or the Dufferin-Peel Catholic District School Board.

What do we do?

We will give your child treatment services at school. We will help your child

- feel better about himself or herself, and
- learn how to get along with others better, for example, with classmates and teachers at school.

And because children do better with their family's support, we hope that you will take an active part in our program.

In our Alternatives to Day Treatment Program, we will build on your child's strengths.



Child Witness Program

Has your child been sexually or physically abused? Or has your child seen this abuse? Does your child have to go to court to tell what happened?

Our **Child Witness Program** can help your child get ready to go to court to talk about this experience.

When can your child take part in our program?

If your child is under 18 years old and lives in the Region of Peel, the Region of Halton, or Dufferin County, your child can take part in our program

- if your child has been sexually or physically abused, or
- if your child has seen sexual or physical abuse, and
- if your child has to go to court to tell what happened.

What do we do?

We will get your child ready to tell the court about what happened.

- We will help your child deal with his or her feelings.
- We will help reduce your child's worry about going to court.
- We will teach your child about what will happen in court.



Children's Mental Health Respite Services of Peel

If you are feeling stressed because you care for a child with mental health problems, you may need to take some time off. You may need to let someone else look after your child for a little while. This is called respite care.

If you need some time off from caring for your child, you should talk to your case manager. (A case manager is a social worker or a mental health worker who is trained to manage all parts of your child's care.) He or she can help you find the help you need from our service.

Can you use Children's Mental Health Respite Services of Peel?

You can use our services

- if your child has mental health problems,
- if your child is under 18 years old,
- if you live in the Region of Peel, and
- if your child has a case manager looking after his or her care, or
- if you are in a crisis and need respite care right now.

What do we do?

We offer different ways to care for your child while you have some time off.

- We can care for your child at Peel Children's Centre in one of our treatment homes for up to a few days.
- We can have a child and youth counsellor or a volunteer care for your child in your home. (A child and youth counsellor is specially trained to look after children with mental health problems.)
- We can help you have some time off while your child takes part in different activities that will keep him or her active and having fun, such as the Boys and Girls Club.

Our goal is

- to help keep your family together in your home, and
- to make sure that your child keeps getting treatment that works.

How can you find out more about this service?

To find out more about this service, ask your case manager to call us at 905-273-6444. Your case manager can call us any time of the day or night, any day of the year.



Concurrent Disorders Program

Our **Concurrent Disorders Program** works with other services that help children and teenagers who have both a mental health problem and a problem with drugs or alcohol.

Who is eligible to use this program?

This program helps workers from schools, hospitals, and community services that serve children and teenagers who live in the Region Peel.

What do we do?

We train workers who help children and teenagers. We share our knowledge and research about the best ways to help children and teenagers who have both a mental health problem and a problem with drugs or alcohol.

We also help workers create plans for a child's or a teenager's treatment. We do this to make sure that children and teenagers get the best possible care.

How can you access this program?

Schools, hospitals, and community services that work with children and teenagers can call 905-795-3500 and ask for the Clinical Coordinator for Concurrent Disorders.



Connect Program

Does your child have serious mental health problems? Are you having a difficult time dealing with your child's problems? Our **Connect Program** can help.

We use fun activities and counselling to help your child build better relationships with his or her family, schoolmates, and community.

Can your child take part in our program?

If your child is 7 to 12 years old, he or she can take part in our program

- if your child could lose his or her place at home or school,
- if your child has serious problems controlling his or her feelings and behaviour with others, and
- if your child has a social worker from Peel Children's Aid Society, or
- if your child may need services from Peel Children's Aid Society.



What will your child do in our program?

In our Connect Program, you or your child can take part in these 3 activities.

1. You can take part in a parent group where you will work with other parents to learn new skills to help your child.
2. Your child may have counselling if he or she needs it. Usually we do this at your child's school.
3. Your child can do fun things in our after-school program 3 days a week. For example, your child can take part in a group activity, or he or she can go on fun outings with others.

Counselling Services

Is your child having problems getting along with others or controlling his or her feelings at home, in school, or in the community? Our **Counselling Services** can help.

Can your child use our services?

Your child can use our Counselling Services

- if your child is under 18 years old and lives in the Region of Peel,
- if your child's problems are not too serious, and
- if we think counselling on a regular schedule can help your child manage his or her problems.

What do we do?

We will help you and your child deal with difficult times in your life. And we will help your child learn how to get along with others at home, at school, and in the community.

During the first appointment, you and your child will talk about your problems with a specially trained mental health worker. If you need more than 3 appointments, you will have 2 choices:

1. you can make as many appointments as you need, but you may see different mental health workers every time, or
2. you can work with 1 mental health worker, but you may have to wait a little longer to see that person.

Court Clinic Program

If your child is charged with an offence against the law, a judge may send your child to our **Court Clinic Program**.

Our program helps the judge understand your child's mental health problems so that the judge can decide what to do with your child.

Can your child come to our program?

The judge looking into your child's case will decide if your child can come to our program.

Normally, we see children and teenagers 12 to 18 years old who live in the Region of Peel. We also see children and teenagers who live somewhere else if they were charged with an offence while in the Region of Peel.

What do we do?

After the judge sends your child to our program, we will talk to you and your child. We will also do some tests, which are called assessments. Then we will send the information to the judge.



Crisis Response Service

If your child is having a serious mental health problem and needs help right now, you or your child can call our **Crisis Response Service**. Our number is **416-410-8615**.

We will help you right away, any time of the day or night, any day of the year.

Can you use our services?

If your child is under 18 years old and lives in the Region of Peel, you or your child can use our Crisis Response Service

- if your child is having a serious mental health problem and needs help right now, or
- if you are struggling as a parent with your child's mental health needs.

What do we do?

If your child has a serious problem, our Crisis Response Service can help right away, any time of the day or night, any day of the year.

When you call **416-410-8615**, a specially trained mental health worker will talk to you about your problem to decide what needs to be done.

Then, if needed, a specially trained mental health worker will come to visit you. The worker will come to your home or school, or wherever you are in the community.

If you need us to, we can provide counselling until other services are ready to help you.

Day Treatment Program

Is your child dealing with many mental health problems? Are these problems likely to cause your child to lose his or her place at school? Our **Day Treatment Program** may be able to help.

Can your child take part in our program?

Your child can take part in our Day Treatment Program

- if your child is 5 to 17 years old and lives in the Region of Peel,
- if your child has serious problems that may cause the loss of his or her place at school,
- if your child behaves badly around others,
- if your child has problems controlling his or her feelings, and
- if you and your child's school agree that a special classroom may help your child.

What do we do?

We will teach your child how to deal with his or her feelings and other people. We also help your child with school work.

We do all of this in a special classroom. But we will also make sure your child has as much time as possible with students in regular classrooms.



ECHO Residential Treatment Program

If your teenager has been in trouble because of his sexual behaviour, our **ECHO Residential Treatment Program** may be able to help.

Your teenager will live with us while we give special treatment to help him deal with his problems.

When can your teenager be in our program?

Your teenager can be in our ECHO Residential Treatment Program

- if he is 13 to 17 years old, and
- if he has been in trouble with the law because of his sexual behaviours, or
- if he has a high chance of getting into trouble again and cannot be treated safely in the community.

This program treats teenagers who live in the Region of Peel and teenagers who live in other communities.

What do we do?

Our team of mental health workers will focus on your teenager's strengths. They will help him deal with his sexual behaviours and feelings.

At first, your teenager will go to a special school that is next door to where he is living. As he does better, he may be able to go to school in the community and take part in activities in the community.

If your family lives in the Region of Peel, we will help you while we treat your teenager. We will also help you and your teenager when he is ready to return home.



Group Services

Would you like to learn how to deal better with your child's and family's problems? Our **Group Services** can help. We offer many different groups that can help you and your child learn new skills.

Can you take part in our groups?

You can take part in our groups,

- if your child is under 18 years old, and
- if you and your child live in the Region of Peel.

What do we do?

Our groups offer you and your child education, support, and treatment to help you manage problems in your family better.

In some groups, your child will learn skills that will help him or her behave better at home, in school, and in the community.

In some groups, you can talk to other parents and learn from them.



These are some of the groups that you or your child can take part in:

- Helping Children Through Separation and Divorce,
- Parenting Your Teen,
- Learning about ADHD,
- COPEing with Challenging Behaviour,
- COPEing with Toddler Behaviour,
- Temper Taming, Boys and Parents,
- SNAP™ (Stop Now and Plan),
- Go Grrls! Club,
- C.A.L.M. (Combat Anxiety and Learn to Manage),
- Feeling Good About Being You (A Group for Moms), and
- Teen Talk.

Intensive Child and Family Service (Preschool)

Does your young child have serious mental health problems? Could your child lose his or her place at home, school, or childcare?

Our **Intensive Child and Family Service (Preschool)** can help you deal with your child's problems. We can help make sure that your child stays at home, in school, or in childcare.

Can your child use our services?

Your child can use our services

- if your child is under 7 years of age,
- if your child may seriously hurt himself or herself or others,
- if your child may lose his or her place at home, school, or childcare,
- if your child has seen violence or been physically abused,
- if your child has problems relating to others, or
- if your child has problems doing the things he or she should be able to do at his or her age. (These problems are called developmental delays.)

What do we do?

If this service is right for your child, our mental health workers will create a plan to treat your child. This treatment will be specific to your child's problems and needs.

We will help you make the most of your child's and family's strengths.

- You and your child may have counselling.
- We may give you advice about parenting your child.
- You and your child may talk to a psychiatrist or psychologist. These people are specially trained to treat problems with behaviour and feelings caused by illness or difficult situations.

And we will treat your child in your home, school, or community at a time that is best for you.



Intensive Child and Family Service (for children from 7 to 17 years of age)

If your child has serious mental health problems, our **Intensive Child and Family Service** can help.

Can you use our service?

You can use our service

- if your child is between 7 and 17 years of age,
- if your child could lose his or her place at home or school,
- if your child could harm others, or himself or herself,
- if your family is having a difficult time dealing with your child's problems,
- if other community services have not been able to help your child and family, and
- if you will work with us to help your child and family.

What do we do?

After talking to you and your child, our child and family mental health workers will work with you to create a plan to treat your child. This treatment will be specific to your child's and family's needs.

We will treat your child in your home, school, or community at a time that is best for you. Our treatment will help you make the most of your child's and family's strengths.

- You and your child may have counselling.
- We may give you advice about parenting your child.
- You and your child may talk to a psychiatrist or psychologist. These people are specially trained to treat problems with behaviour and feelings caused by illness or difficult situations.



Intensive Supports and Resource Coordination Program (ISRCP)

Does your child have serious and complex mental health needs? Does your child need help from many different services in the community? Is it hard to get all the help you need? If so, we may be able to figure out how these services can work together for your child.

Can your child take part in our program?

You can use our program

- if your child is under 18 years old,
- if your child has serious and complex mental health problems that have been happening for a long time,
- if your child could lose his or her place at home or at school,
- If your family is having a difficult time dealing with your child's problems,
- if your child is getting service or waiting for service from other community agencies,
- if these other agencies have not been able to help your child and family, and
- if you will be part of our work with other community services to help your child.

What do we do?

After talking to you and your child, a mental health worker called an Intensive Resource Coordinator will work with you to create a plan for how these services can work together to help your child. This is known as resource coordination.

We will work closely with several people and groups such as your child's school, doctor, and other community agencies.

Our care will not stop, no matter what happens. If things do not work out as we planned, we will make a new plan to meet your child's and your family's needs.

Parent Operated Residential Treatment Program

If you are having trouble dealing with your child's mental health problems at home, our **Parent Operated Residential Treatment Program** can help. Your child may do well in a home where he or she can also get treatment.

Can your child take part in our program?

Your child can take part in our program

- if he or she is between 7 and 17 years old,
- if he or she lives in the Region of Peel,
- if he or she has mental health needs that you cannot meet at home, and
- if treatment in a home with specially trained parents may help your child.

What do we do?

We will help you and your child strengthen your relationship. While your child lives in a home that is similar to a family home, he or she will have treatment that focuses on your child's specific needs.

We will try to keep your child in the same school that he or she goes to now. We will also make sure that your child can keep doing the things that he or she likes to do, such as sports.



Peel Wraparound Process

Is your family dealing with serious mental health problems? Are you involved with other community services? Have you had little success with treatment? Our **Peel Wraparound Process** may be able to help.

Can you take part in this process?

If your child has many needs that no one service can meet, you can take part in our wraparound process

- if your child is under 18 years old,
- if your child may harm himself or herself, or others,
- if your child may lose his or her place at home or in school,
- if your family is very stressed and is having problems dealing with your child, and
- if other community services have not been able to help your child and family.

What do we do?

We will talk to you to identify your family's needs and strengths. Then we will create a plan to meet your needs at home, in the school, and in the community.

We will ask you to choose a team of people to support you as you follow this plan. You can choose some of these people to support you:

- members of your family,
- friends,
- mental health workers, and
- people from your community.

We will work with you and your team to help you meet your goals.

Our care will not stop, no matter what happens. If things do not work out as we planned, we will make a new plan to meet your child's and your family's needs.



Peel Wraparound Process — Developmental Services

Has a doctor found that your child has problems doing the things that he or she should be able to do at his or her age? (This is called a developmental delay.) Are you involved with other community services?

Our **Wraparound Process — Developmental Services** can help.

Can you use these services?

If your child has many needs that no one service can meet, you can use these services

- if your child is between 2 and 18 years old,
- if your child has problems doing the things that he or she should be able to do at his or her age,
- if your child may harm himself or herself, or others,
- if your child may lose his or her place at home or in school,
- if your family is very stressed and is having problems dealing with your child, and
- if other community services have not been able to help your child and family.

What do we do?

We will talk to you to identify your family's needs and strengths. Then we will create a plan to meet your needs at home, in the school, and in the community.

We will ask you to choose a team of people to support you as you follow this plan. You can choose some of these people to support you:

- members of your family,
- friends,
- mental health workers,
- workers who are specially trained to work with children who are not able to do things that most children their age can do, and
- people from your community.

We will work with you and your team to help you meet your goals.

Our care will not stop, no matter what happens. If things do not work out as we planned, we will make a new plan to meet your child's and your family's needs.



Preschool Services

Does your young child have problems with behaviour, relationships, feelings, or language? Our **Preschool Services** offer ways to help you and your child.

Can you and your child use our services?

You can use our services

- if your child is under 7 years of age, and
- if your child is currently going to an officially recognized, or licensed, childcare program, or is on a waiting list for childcare in the Region of Peel, or
- if you are going to an Ontario Early Years Centre or a Best Start program with your child and would like to talk to a mental health worker.

What do we do?

Our team of mental health workers will offer services that work best for you and your child.

- We will test your child and talk to you to find out what the problems are.
- We will offer you training and support to help you deal with your child's problems more easily.
- We will counsel you and your family, and provide other mental health services.

We will treat your child at your childcare program, in our office, or at your home.



Psychiatric Services

When your child comes to our programs at Peel Children's Centre, he or she may get help from our **Psychiatric Services**.

Can your child use our services?

Your child can use our Psychiatric Services if any of the treatment programs or services at our Centre asks for help from a psychiatrist. (A psychiatrist is a medical doctor who is specially trained to identify and treat problems with behaviour and feelings caused by illness or difficult situations.)

What do we do?

Our psychiatrists identify your child's strengths and mental health needs.

We help decide which programs or services are correct for your child. To do this

- we will talk to you and your child,
- we may do some testing, and
- we help your child's mental health workers create a plan for your child's treatment.

Psychological Services

When your child comes to our programs at Peel Children's Centre, he or she may get help from our **Psychological Services**.

Can your child use our services?

Your child can use our Psychological Services if any of the treatment programs or services at our Centre asks for help from a psychologist. (A psychologist is specially trained to identify and treat problems with behaviour and feelings caused by illness or difficult situations.)

What do we do?

Our psychologists identify your child's strengths and mental health needs.

We help decide which programs or services are correct for you or your child. To do this

- we will talk to you and your child,
- we may do some testing, and
- we help your child's mental health worker create a plan for your child's treatment.



Residential Treatment Program

If your child has serious problems with feelings, behaviour, and relationships, our **Residential Treatment Program** can help.

We offer a place where your child can get treatment away from your home

- where he or she will be safe, and
- where we help your child learn to deal with his or her problems.

Can your child use our services?

Your child can use our services

- if he or she is between 7 and 17 years old and lives in the Region of Peel or in Dufferin County,
- if your child may not be able to stay in your home,
- if your child has problems controlling his or her moods and feelings, and
- if your child has serious problems dealing with other people at home and in the community.

What do we do?

We will treat your child at one of our residences, or homes.

- We will help your child learn and practise new skills.
- We will help your child learn to understand others better.
- We will help your child and your family learn new ways to deal with your problems.
- We will help you get ready for your child's return to the community.

Your child will stay in one of our homes that is correct for his or her age. In the Region of Peel, we have 4 homes:

1. a home for children 7 to 11 years old,
2. a home for children 11 to 14 years old,
3. a home for teenagers 14 to 17 years old, and
4. a home for teenagers 13 to 17 years old who have had severe and complex problems for a long time.



Sexual Abuse Treatment Program

Are your child and your family dealing with sexual abuse or sexual assault? Our **Sexual Abuse Treatment Program** can help you.

Can you use our program?

You can use our program

- if your child is under 18 years old and lives in the Region of Peel,
- if your child has been sexually abused or assaulted,
- if your child has behaviours that are sexual in ways that are not typical for his or her age, or
- if your teenager has been in trouble because of his or her sexual behaviours.

What do we do?

We will talk with you and your child about our services. You may be asked to fill out some forms. Our professional staff will create a plan with you to support your specific needs. We will work with you as a team.

The Arson Prevention Program for Children (TAPP-C)

If your child has been setting fires, **The Arson Prevention Program for Children**, also called TAPP-C, can help you and your child.

Can your child use our program?

Your child can use our program

- if your child is under 18 years old and lives in the Region of Peel, and
- if he or she has been setting fires.

What do we do?

- We will talk to you and your child and do some tests, called an assessment, to learn about your child's mental health.
- The Fire Department will check your home to see how safe it is.
- The Fire Department will teach your child and your family about fire safety.
- We will make suggestions for your child's treatment.



The Valley Infant-Parent Program

Do you think mental health problems are affecting your relationship with your baby or young child? Our **Valley Infant-Parent Program** can help.

Can you take part in our program?

You can take part in our program

- if you live in the Region of Peel and have a child who is 2 1/2 years old (30 months) or younger, and
- if you are dealing with a number of mental health problems, such as feeling helpless and sad, or angry, or
- if your child is not going through the normal stages of growth for his or her age. (This is called a developmental delay.)

What do we do?

You and your child will come to our program at the Mississauga Valley Child Care Centre. We will meet for half a day every time you come.

How long you stay in our program will depend on your and your child's needs.

In this program, we will come up with goals that are just for you and your child. We offer many activities and treatments that will help you have the best possible relationship with your child.

We can also treat you and your child in your home.

How can you find out more about this program?

To find out more about this program, please call SNAP-Peel at 905-791-7800 ext. 7627.

Volunteer Program

Do you need someone to look after your child when you have an appointment at Peel Children's Centre? Does your child need some extra help with school work or doing things in the community?

Our **Volunteer Program** can help you with these and many other problems.

Can you use our program?

You can use our program

- if you and your child come to any of Peel Children's Centre's programs or services, and
- if you need any of the services that we offer in our Volunteer Program.