

Moving on Mental Health

A System That Makes Sense For Children and Youth

Peel Region's Lead Agency Progress Report, October 2015

Vision Statement:

We envision an Ontario in which child and youth mental health is recognized as a key determinant of overall health and well-being, and where children and youth grow to reach their full potential.

**Ontario's Policy Framework for
Child and Youth Mental Health**

Goal:

Together, we will transform the experience of children and youth with mental health problems and their families, so that they will know what high quality mental health services are available in our community; and how to access mental health services and supports that meet their needs.

Moving on Mental Health

Dear Community Partner:

Welcome to our second Progress Report. We hope the updates are helpful to you and that they facilitate not only an understanding of the MOMH work underway, but also a growing appreciation for the role of a "lead agency" as it evolves in Peel, and as the MCYS child and youth mental health system begins to evolve.

We are proud to be working side-by-side with our Core Service Delivery (CSD) partners on the system priorities identified in the Core Services Delivery Plan. We are pleased to be engaging in new ways with familiar and new colleagues from the education, health and justice sectors. We are energized by the MOMH direction, strengthened partnerships, our collective accomplishments to date, and the road ahead. We understand that it will not always be easy work, but it is important work and we thank you for working with us to build a Peel community that is welcoming and accessible for all children and youth who are facing mental health challenges.

Local, Regional and Provincial Updates:

At the **local** level, in partnership with MCYS-funded CSD partners and the broader community, significant progress has been made implementing priorities and activities outlined in the Core Service Delivery Plan 2014/15 (CSDP), focused on building a foundational understanding of the current "**service landscape**" in Peel, and the Community Mental Health Plan 2014/15 (CMHP) focused on a base understanding of "**current services and pathways**".

CORE SERVICE DELIVERY PLAN 2014/15 – Priorities, Objectives and Updates		
Service Area Priority #1	Rationale	Main Objective(s)
Complete work to operationalize the Peel Coordinated Intake Network Model (PCIN)	Builds on the re-visioning of Centralized Intake (Mental Health Services for Children and Youth). The PCIN model is supported by CSD partners and aligns with MOMH expectations for coordinated access/intake processes	Standardized, evidence-based intake/assessment/outcome tool(s) Community referral process Web-based common database for all CSD partners



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Progress to date:

In May all CSD partners agreed to adopt the interRAI™ Child and Youth suite of standardized, evidence-based tools which will allow for a common understanding of clinical need and is seen as a first step to building a systemic approach to prioritization of client-based needs. The interRAI™ Screener will be implemented to support the access/intake function, while the interRAI™ ChYMH will enhance system capacity in the areas of assessment and client outcomes (www.interrai.org). All CSD partners completed a Readiness/Environmental Scan which led to the development of a system-wide training plan. The training team at CPRI will be working with the Peel interRAI™ Implementation Team to develop a detailed work plan. Training for all CSD partners is scheduled for November.

The second objective, a new Community Referral package, was finalized and will be piloted this fall to support community-based referrals to the MCYS-funded child and youth mental health service system. Full rollout will be planned after the completion of the piloting phase.

In July, CSD partners engaged in a diversity workshop which elicited recommendations that are currently being integrated into the common intake form by CSD partners.

A review of web-based clinical data systems to meet the needs of PCIN is underway. Consideration for centralized waitlist management for services at the front door and electronic internal transfer capacity are seen as critical components. A short list of preferred vendors will be identified for review by CSD partners.

Service Area Priority #2	Rationale	Main objective
<p>Develop and implement a system-wide mechanism for youth engagement (YE), with support from the Ontario Centre of Excellence for Child and Youth Mental Health</p>	<p>Aligns with MOMH expectations for YE. YE is emerging as a guiding service principle amongst all CSD partners in Peel, most notably Nexus Youth Services (NYS), which has been provincially recognized for integrating YE into service design, delivery and evaluation.</p>	<p>Develop plan to lay groundwork for YE in the Peel Service Area</p> <p>Document successes and lessons learned from NYS case study on YE</p> <p>Host one-hour workshops on the concept of YE for all CSD partners</p>

Progress to date:

We are pleased to confirm that YE Coordinator Nancy Hood, with support from the Centre of Excellence, is providing leadership to this priority. The goal is to increase CSD partners’ capacity to identify, create and sustain opportunities for YE, while working to develop an inclusive community strategy that can support, strengthen, and enable youth and professionals to work together to improve CYMH services in Peel. To date, a Working Group with membership from all CSD partners was launched in early September and a work plan has been drafted.

Service Area Priority #3	Rationale	Main objective
<p>Development and implementation of a system-wide mechanism for family engagement (FE), with expert support from the Ontario Centre of Excellence for Child and Youth Mental Health</p>	<p>Aligns with MOMH expectations for FE. When existing agency-specific FE activities are re-conceptualized from a community perspective, future benefits can accrue to the community in addition to the individual agency context.</p>	<p>Develop plan to lay groundwork for FE in the Peel service area</p> <p>Develop system-wide mechanism for FE in the Peel service area</p>

Progress to date:

We are in the process of identifying a FE Coordinator to work with the Centre of Excellence and, alongside the YE Coordinator, to provide leadership to the development and implementation of a system-wide mechanism for FE that is inclusive of and responsive to the diversity of families in Peel.

COMMUNITY MENTAL HEALTH PLAN 2014/15 – Priorities, Objectives and Updates

Service Area Priority #1	Rationale	Main Objective(s)
Continue to build on existing relationships	Aligns with MOMH expectations for community engagement	Undertake appropriate engagement activities and document efforts to engage appropriate community partners
<p>Progress to date:</p> <p>The work associated with the vision of MOMH is energizing and rewarding. It is also very busy and time-consuming not only for PCC as lead agency, but for all our CSD partners and sector colleagues as we engage with one another in a new dialogue that comes with new rules and expectations. We would like to acknowledge the collective level of effort underway. For instance, over the summer months, engagement activities have included information-sharing forums that support bilateral learning and create new opportunities for future collaboration; interfaced by email and phone; completed templates in support of a baseline understanding of the current service delivery system; reviewed ministry program guidelines and system management expectations to promote clarity and system transparency; participated on implementation teams; etc. These efforts will be expanded into the youth justice and developmental services sectors.</p>		
Service Area Priority #2	Rationale	Main Objective(s)
Describe current targeted prevention activities and mental health services delivered by other sectors	Aligns with MOMH expectations for a foundational understanding of current services and pathways	Continue to build an inventory of targeted prevention and mental health services delivered by other sectors (e.g. Health, Education) in the Peel service area
<p>Progress to date:</p> <p>We would like to thank our CSD Partners and our colleagues in health, education and child welfare who have been working with us over the summer months to build a community inventory of targeted prevention activities and mental health services funded by sectors outside of MCYS. This work will continue into the fall as we reach out to our colleagues in youth justice and developmental services.</p>		
Service Area Priority #3	Rationale	Main Objective(s)
Analyze inventory of existing local community planning mechanisms and create/identify a formal Child & Youth Community Planning Mechanism	Aligns with MOMH expectations for the creation of a Child & Youth Mental Health Community Planning Mechanism	Develop methodology and conduct analysis to inform a decision with respect to a Peel-specific Child and Youth Community Planning Mechanism

Progress to date:

An inventory of existing local community planning mechanisms was shared with our community partners as part of the Community Mental Health Plan. We will be meeting with our partners this fall as we develop the methodology and process for assessing Peel's existing planning tables/mechanisms.

Following the Ministry's release of **A357 - System Management** program guidelines for lead agencies, the summer presented an opportunity to submit a funding proposal for system management capacity-building support in the areas of leadership; planning; service delivery and program alignment; performance management; and financial management. Peel's submission was successful and the resulting investments in system management infrastructure over the next three years will enhance Peel's capacity to deliver on the MOMH vision.

At the **Regional** level, our MCYS Central Regional Office colleagues have been supporting/verifying data collected from our CSD Partners. Regional staff continue to hold meetings with the four Phase One Lead Agencies in Central Region – Reach Out Centre for Kids (ROCK), Peel Children's Centre, Lutherwood, and Kinark Child and Family Services – to plan for the successful implementation of MOMH in our respective service areas of Halton, Peel, Waterloo and York.

At the **Provincial** level, a Lead Agency Consortium has been established to work with MCYS to collectively and collaboratively realize the *Moving on Mental Health* goal of a strong, more coherent and accountable system of care charged with improving the mental health outcomes of Ontario's children and youth. Humphrey Mitchell, CEO of Peel Children's Centre, and Joanne Lowe, Executive Director of Youth Services Bureau in Ottawa, are the co-chairs of the consortium, which offers a foundational structure and ongoing process for current and incoming Lead Agencies to support provincial alignment of activities associated with implementing the *Moving on Mental Health* agenda. The Consortium is about to welcome the incoming Lead Agencies and engage in a strategic planning process to set priorities and directions for the next 3 years.

A Lead Agency/MCYS Partnership Table has also been formed to resolve strategic issues identified as barriers or enablers to effective system transformation. The members of this group are:

Cathy Paul - Kinark Child & Family Services, York and Durham
Terri Sparling - Huron Perth Centre for Children and Youth, Huron-Perth
Hélène Fournier - Valoris, Prescott-Russell
Joanne Lowe - Youth Services Bureau, Ottawa
Humphrey Mitchell - Peel Children's Centre, Peel
Rachel Kampus - Assistant Deputy Minister, Operations
Jennifer Morris - Acting Assistant Deputy Minister, Policy
Patrick Mitchell - Director, System Transitions Team
Barney Savage - Senior Advisor, System Transition Team

What's Next and What Do I Need to Know?

MCYS has now identified 28 of 33 Lead Agencies (more information is available on the MCYS website at childrengov.on.ca/htdocs/English/topics/specialneeds/mentalhealth/moving-on-mental-health.aspx) and will be hosting a meeting in October to "onboard" the newly named Lead Agencies and to provide provincial updates that are expected to include additional information on Branding; Implementation Markers that will guide the

process by which Lead Agencies assume additional responsibilities in a graduated fashion; and additional information on the Ministry's data strategy.

Our Regional MCYS colleagues will continue to support implementation of our Service Area priorities and will also be expanding our Lead Agencies' discussions with Central Region by welcoming the two recently announced Lead Agencies situated in Central Region (CMHA Waterloo Wellington Dufferin Branch; and New Path Youth and Family Counselling Services of Simcoe County) so that we are a collective of six working together to identify regional opportunities to collaborate.

Locally, our focus will continue to be on our deliverables as laid out in the CSDP and CMHP. A second focus is on System Management responsibilities as laid out in MCYS' A357 Service Description Schedule, which identifies minimum expectations for Lead Agencies to document the current state of financial controls, responsible business practices, and analyze service area needs; develop an inventory of existing processes and systems that support performance management; determine performance management needs in the service area; and develop a plan to build/improve CSD partners' capacity in using data for planning, service delivery and outcomes reporting.

To end our second Progress Report where we started, the purpose of all this MOMH transformation work is about improving local systems and achieving better mental health outcomes for children and youth. It is both an energizing time and a challenging time. Thankfully, the journey calls all of us to work together collaboratively.

To all our community partners, thank you for your interest and your support of Peel's *Moving on Mental Health* transformation agenda. A special thank-you to Peel's CYMH core service providers:

- Associated Youth Services of Peel
- Nexus Youth Services
- Peel Children's Centre
- Rapport Youth & Family Services
- Trillium Health Partners
- William Osler Health System.

As Lead Agency, and on behalf of our partner CYMH core service providers, PCC is committed to providing you with timely and useful information about our MOMH progress in the Peel community. We hope you find this update helpful. If you have suggestions that would improve our communications, or if you have any questions, please contact us at PeelMOMH@peelcc.org.