

Moving on Mental Health

A System That Makes Sense For Children and Youth

Peel Region's Lead Agency Progress Report, May 2015

Vision Statement:

We envision an Ontario in which child and youth mental health is recognized as a key determinant of overall health and well-being, and where children and youth grow to reach their full potential.

**Ontario's Policy Framework for
Child and Youth Mental Health**

Goal:

Together, we will transform the experience of children and youth with mental health problems and their families, so that they will know what high quality mental health services are available in our community; and how to access mental health services and supports that meet their needs.

Moving on Mental Health

Dear Community Partner:

Fiscal 2015/16 marks a new era in the field of child and youth mental health in the Peel community and across the Province of Ontario as we begin to experience unprecedented "on the ground" transformation in the child and youth mental health sector.

Background and Context:

The genesis of the transformation now underway dates back to 2006 with the release of **A Shared Responsibility, Ontario's Policy Framework for Child & Youth Mental Health**. This framework was designed to "foster collaboration amongst everyone who shares responsibility for the healthy development of Ontario's children and youth: families/caregivers, communities, service, providers, government and all child- and youth-serving sectors."

In 2011, **Open Minds, Healthy Minds** offered Ontario a comprehensive 10-year mental health and addictions strategy "focused on creating a more responsive and integrated system, starting with children and youth."

In 2012, the **Moving on Mental Health** (MOMH) action plan provided the roadmap for deliberate, methodical and determined change. With a focus on **creating and supporting pathways to care; defining cores services; establishing community lead agencies; creating a new funding model; and, building a legislative and regulatory framework**, the MOMH agenda will realize "a stronger, more coherent and accountable system of care that will ultimately support improved mental health outcomes for children and youth."

Jumping ahead to August 2013, the first wave of defined Service Areas was announced. In September 2013, the **Draft Child and Youth Mental Health Service Framework** was released and 7 Core Services along with 2 Key Processes were confirmed within a continuum of needs-based mental health services and supports.

Lead Agency Announcements:

In 2014, MCYS identified the Lead Agencies, including Peel Children's Centre (PCC), for the first wave of Service Areas following a rigorous application and review process. PCC is one of 16 Lead Agencies currently confirmed, growing to 33 over the next several months. Provincially, Lead Agencies have been engaged in a variety of information-sharing/gathering/planning forums with one another and with representatives from MCYS, the Education and Health ministries, and the Ontario Centre of Excellence for Child and Youth Mental Health.



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Local and Regional Progress to Date:

PCC has engaged with its partner Child and Youth Mental Health (CYMH) core service providers in Peel — **Associated Youth Services of Peel, Nexus Youth Services, Rapport Youth & Family Services, Trillium Health Partners and William Osler Health System** – and with the MCYS Regional Office, sister Lead Agencies from across Central Region, the broader community, and specific representatives from various sectors including Health, Education and Justice. Following these discussions, PCC completed two transformation plans for the Peel Service Area, a Core Service Delivery Plan and a Community Mental Health Plan, and submitted them to MCYS at the end of March.

What’s Next and What Do I Need to Know?

Lead Agencies are, in a graduated fashion, in the process of assuming greater responsibility for the client experience, service pathways, and the planning and delivery of cores services.

In partnership with MCYS-funded service providers and the broader community, we are now tasked with implementing priorities and activities outlined in the Core Services Delivery Plan (CSDP) 2014/15 and the Community Mental Health Plan (CMHP) 2014/15.

The **2014/15 CSDP** focuses on the “**service landscape**” so we can build a foundational understanding of our Service Area – a baseline in Peel. The deliverables for 2015/16 include:

Service Area Priority	Rationale	Main Objective(s)
Complete work to operationalize the Peel Coordinated Intake Network Model (PCIN)	Builds on the re-visioning of Centralized Intake (Mental Health Services for Children and Youth) begun in 2012. The PCIN model is supported by CSDP partners and aligns with MOMH expectations for coordinated access/intake processes	Standardized, evidence-based intake/assessment/outcome tool(s) Community Referral process Web-based common database for all Core Service Providers
Development and Implementation of a system-wide mechanism for youth engagement, with expert support from the Ontario Centre of Excellence for Child and Youth Mental Health	Aligns with MOMH expectations for youth engagement. Youth engagement is emerging as a guiding service principle amongst all Core Services Providers in Peel, most notably Nexus Youth Services (NYS), which has been externally recognized for integrating youth engagement into service design, delivery and evaluation	Develop plan to lay groundwork for youth engagement in the Peel Service Area Document successes and lessons learned from NYS case study on youth engagement (YE) One-hour workshops on the concept of YE delivered to all Core Service Providers
Development and Implementation of a system-wide mechanism for family engagement, with expert support from the Ontario Centre of Excellence for Child and Youth Mental Health	Aligns with MOMH expectations for family engagement. When existing agency-specific family engagement activities are re-conceptualized from a community perspective, future benefits can accrue to the community in addition to the individual agency context	Develop plan to lay groundwork for coordinated family engagement (FE) in the Peel service area Develop system-wide mechanism for FE to be used in the Peel service area

Continue documenting formalized protocols that support effective transitions and pathways between and through core services	Aligns with MOMH expectations and is requisite work carried forward from 2014/15, as documented in the CSDP	Complete inventory of existing formalized referrals, protocols, and intake/access points
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The **2014/15 CMHP** focuses on the “**current services and pathways**” so we can build a foundational understanding of our Service Area – establish a baseline in Peel. The deliverables for 2015/16 include:

Service Area Priority	Rationale	Main Objective(s)
Continue to build on existing relationships	Aligns with MOMH expectations for Community Engagement	Undertake appropriate engagement activities and document efforts to engage appropriate community partners
Describe current targeted prevention activities and mental health services delivered	Aligns with MOMH expectations for a foundational understanding of current services and pathways	Continue to build an inventory of targeted prevention and mental health services delivered by other sectors (eg Health, Education) in the Peel service area
Analyze inventory of existing local community planning mechanisms	Supports MOMH expectations to create/identify a Child & Youth Mental Health Community Planning Mechanism	Develop methodology and conduct analysis
Create/identify a formal Child & Youth Community Planning Mechanism	Aligns with MOMH expectations for the creation of a Child & Youth Mental Health Community Planning Mechanism	Use analysis to make a decision with respect to a Peel-specific Child and Youth Community Planning Mechanism

We hope you find this information helpful. To all our community partners, thank you for your interest and your support of Peel's *Moving on Mental Health* transformation agenda. A special thank-you to Peel's CYMH core service providers:

Associated Youth Services of Peel
 Nexus Youth Services
 Peel Children's Centre

Rapport Youth & Family Services
 Trillium Health Partners
 William Osler Health System.

As Lead Agency, and on behalf of our partner CYMH core service providers, PCC is committed to providing you with timely and useful information about our MOMH progress in the Peel community. If you have suggestions that would improve our communications, or if you any questions, please contact us at PeelMOMH@peelcc.org.

