

Peel Children's Centre presents the summer 2014

# Boys Club



The Boys Club is a strength-based group that focuses on boys' natural strengths and broadens their understanding about being male in today's world. It challenges myths about how to be a "real boy" or "real man".

The Boys Club engages boys in activities, dialogue, and self-expression to question stereotypical concepts. By promoting valuable relationships with peers, the Boys Club increases boys' emotional, social, and cultural literacy and allows them to identify healthy and unhealthy ideas about what it means to be male.

**To register for the Boys Club, please call  
Mental Health Services for Children and Youth (Centralized Intake) at  
905-451-4655**

### ***The Boys Club: A Journey into Respect (10-12 years of age)***

This program provides engaging ways to address common themes that pre-teens and early adolescents encounter, including breaking down social/cultural barriers, motives and actions around put-downs, knowing their personal rights, defining assumptions about male power, respecting others' physical boundaries, understanding and using the energy of strong emotions, and standing up for each other in the community.

**Location:** Peel Children's Centre  
85A Aventura Court, Mississauga, ON

**Days:** Monday, Tuesday, Wednesday, Thursday, Friday

**Date:** July 14<sup>th</sup> – July 18<sup>th</sup>

**Time:** 1:00 – 4:00 pm