



NEXUS • YOUTH • CENTRE

DROP-IN HOURS: M 10-9 T 10-9 W 10-9 T 10-9 F 10-6 S 11-5

301 BURNHAMTHORPE ROAD WEST MISSISSAUGA ONTARIO

2ND FLOOR OF THE MISSISSAUGA CENTRAL LIBRARY

CONTACT US: 905-566-1883

Between Us Girls
Monday 6-8

This is an all girls group that creates a safe space to discuss various issues that women face. Come out for an evening of girl talk. Everything stays 'Between Us Girls'.

The Spot
Tuesday 4:30-6

Explore different art forms, get mentored from industry artists, see shows and more!

Knowledgeable Film
Tuesday 6-8

Film is a powerful tool used to evoke emotion. Kick back and relax for an evening of influential cinema, snacks, and group discussion.

Project
Wednesday 6-8

If you enjoy planning events, organizing activities and have ideas for youth programs then consider joining this group and engage with Nexus to engage youth!

Inhale | Exhale

Thursday 5-7:30

Nexus welcomes our own health and fitness Guru. Get inspired and build your mind, body, and soul through effective exercises. Its time for a healthy lifestyle.

Fun Friday
Thursday 4-6

Come out for an evening of games, special events, and make new friends.

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