



Nexus Youth Centre  
is a fun and  
welcoming space  
for young  
people ages  
14 to 24.  
Come check  
us out during  
our drop-in  
hours to learn  
more about our  
programs and  
resources. Nexus Youth

Centre is located on the 2nd floor inside the  
Mississauga Central Library.

**We are open:**

- Mondays to Thursdays 10am - 9pm
- Fridays 10am - 6pm
- Saturdays 11am - 5pm

For more information call **905-566-1883** or visit our  
website at **nexusyouth.ca**

*Lots of support  
& information  
available.*



**nexusyouth.ca**  
**foryou@nexusyouth.ca**

**Nexus Youth Centre**  
301 Burnhamthorpe Road West  
Mississauga, ON L5B 3Y3  
905.566.1883

**For You. With You.**

Nexus Youth Services creates opportunities  
for youth that are inclusive and responsive  
to the needs and voices of youth.

Nexus Youth Services is a **fully accredited**  
youth mental health agency.

Charitable Business Number: 13039 7631 RR0001



**For You. With You.**



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## FOR YOU:

At Nexus Youth Center, we work with you to plan and run programs that make our drop-in an exciting place – a place where there is something for everyone. Here you can meet new friends, network, get involved in your community, get help finding a job or place to live or have someone to talk to. At Nexus, we are here to support you.

Are you interested in the arts?  
What about fitness?  
We have girls' circles, creative writing workshops and much, much more.  
And, we are open to changing our programs so that they work for you.

### Why not consider joining one of our groups where you can:

- Have fun and connect with peers
- Talk about things that interest you
- Build confidence and express yourself
- Explore leadership opportunities

Go to our website [nexusyouth.ca](http://nexusyouth.ca) for a list of our current programs.

*Helped me to  
take power back  
in my life.*



*“A place where you can make  
new friends and catch up with  
old ones.”*

*“Nexus, where you can  
be yourself. And meet  
cool people.”*

*“Laid back,  
comfortable and chill  
environment.”*

*“Cool place to network.  
Never know who can help  
you reach your goals.”*

*It's like a  
family.*



## WITH YOU:

What about volunteering?

At Nexus Youth Centre, we offer opportunities to gain work experience, earn community service hours and learn skills to help others in our community.

You can earn volunteer hours by getting involved in our daily groups or by becoming more involved in the day-to-day life of the drop-in. If you are interested in volunteering, visit our drop-in to learn more about the important role volunteers play at Nexus.

### Volunteer opportunities include:

- Drop-in Assistant
- Outreach Volunteer
- Group Facilitator
- Group Participant

Nexus believes in Youth Engagement. This means that your voice matters! We believe in the value of working together with youth. We respect your opinion and we want to hear your ideas. Your energy and expertise help us to make our services right for you! Youth are what makes Nexus a safe and unique place to be.

*My thoughts  
& ideas were  
respected.*



**For You. With You.**